

# WELCOME

## **1<sup>st</sup> RIMS WORKSHOP** **Rehabilitation in Progressive MS**

**December 6<sup>th</sup> 2018**  
**Copenhagen, Denmark**



# Agenda

- Practical information's
- Danish rehabilitation and treatment options



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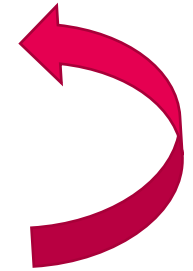
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# Groups: Practical session

## 11.00-12.30 Practical Session 1

-  **GROUP A: Physical Outcome Measures in MS** – Anders Skjerbaek
-  **GROUP B: Managing time and energy in daily life** – Daphne Kos
- GROUP C: Dysphagia in MS** – Leonie Ruhaak



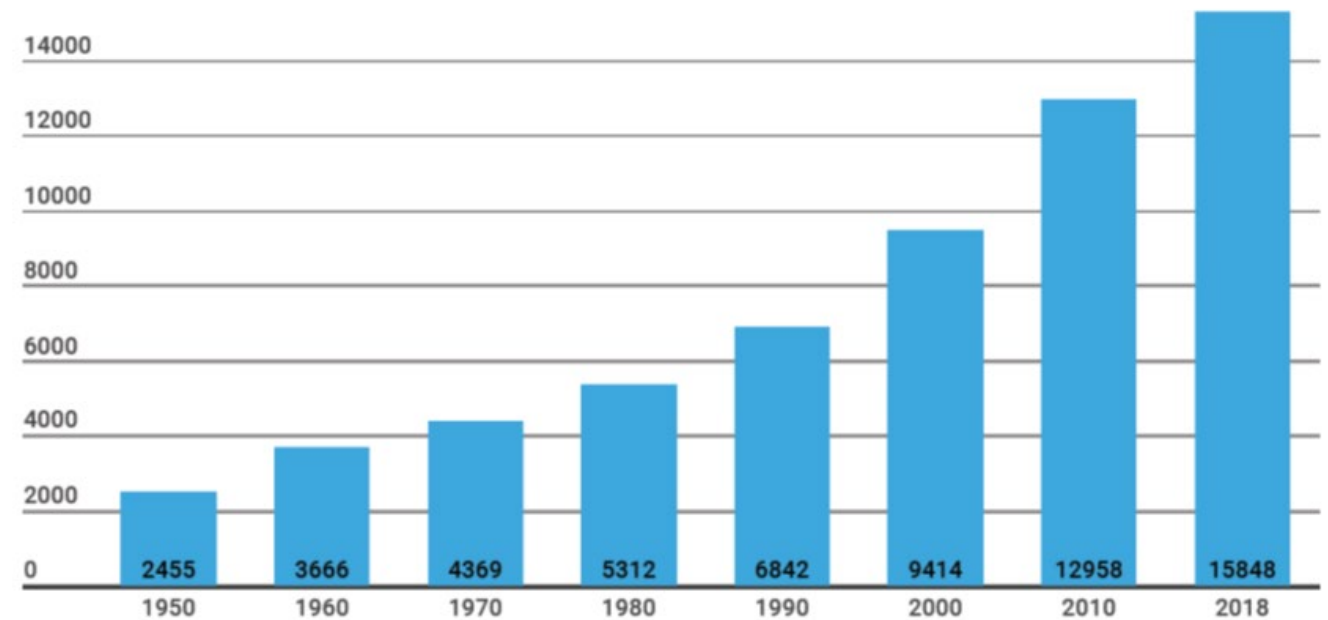
## 14.00-15.30 Practical session 2

-  **GROUP A: Technologies in Progressive MS** - industry workshop by LEMCO
-  **GROUP B: Neuropsychological Rehabilitation – Cognitive Training & other Techniques** - Paivi Hämäläinen
- GROUP C: Management Techniques Bladder and Bowel Problems**



# Danish rehabilitation and treatment options

- Number of PwMS in DK has doubled since 1998
- Different treatment options
  - General practitioner
  - Neurologist (DMT, SyT)
  - Physiotherapist
  - Municipality services (care, helping aids, support)
  - MS Society (social worker, Psychologist)
  - MS Hospitals



# MS Hospitals in Denmark

- Since 1959 and financed by the Danish health authorities
- PwMS is referred by GP or Neurologist
- Specialized MS rehabilitation
- 2 to 4 weeks – inpatient stay
- Goal oriented and patient centred
- Group based or individualized
- Advanced MS is offered home visit and follow up
- 1300 patients/year - 25%/3 years



# Vincent de Groot

- Professor of rehabilitation medicine
- Chair of the department of rehabilitation medicine at VU University Medical Center Amsterdam
- RIMS President

