






# Invitation

Astellas Satellite Symposium

Wednesday 23<sup>rd</sup> November 2016 • 17.00 - 18.00

Alsh Suite

**It's personal:**  
Tailoring OAB treatment to the unique complexities of the elderly population

-  **What** do patients want from us and why does our approach to managing OAB fall short?
-  **How** can the choice of treatment and the way we communicate about OAB improve the outcome?
-  **Join** our multi-disciplinary Faculty as we take a look at tailoring treatment to the unique complexities of the elderly population

## Faculty:

### Chair:

**Dr Susie Orme**

Consultant Geriatrician  
Barnsley Hospital  
NHS Foundation Trust

### Speakers:

**Dr Vikky Morris**

Consultant Geriatrician  
Taunton & Somerset  
NHS Foundation Trust

**Mr Andrew Sinclair**

Consultant Urologist  
Stepping Hill Hospital  
Stockport

**Betmiga™ (mirabegron) Prescribing Information Presentation:** Betmiga™ prolonged-release film-coated tablets containing 25mg or 50mg mirabegron. **Indication:** Symptomatic treatment of urgency, increased micturition frequency and/or urgency incontinence as may occur in adult patients with overactive bladder (OAB) syndrome. **Dosage:** Adults (including the elderly): Recommended dose: 50mg once daily. Children and adolescents: Should not be used. **Contraindications:** Hypersensitivity to active substance or any of the excipients. Severe uncontrolled hypertension. **Warnings and Precautions:** Should not be used in patients with end stage renal disease (or patients requiring haemodialysis) or severe hepatic impairment. Not recommended in patients with severe renal impairment and/or moderate hepatic impairment concomitantly receiving strong CYP3A inhibitors. Dose adjustment to 25mg is recommended in patients with mild/moderate renal and/or mild hepatic impairment receiving strong CYP3A inhibitor concomitantly and in patients with severe renal and/or moderate hepatic impairment. Mirabegron can increase blood pressure. Blood pressure should be measured at baseline and periodically during treatment, especially in hypertensive patients. Caution in patients with a known history of QT prolongation or in patients taking medicines known to prolong the QT interval. Use with caution in patients with clinically significant bladder outlet obstruction (BOO) and in patients taking

antimuscarinics for OAB. Not recommended during pregnancy and in women of childbearing potential not using contraception. Not recommended during breastfeeding. **Interactions:** Clinically relevant drug interactions between Betmiga™ and medicinal products that inhibit, induce or are a substrate for one of the CYP isozymes or transporters are not expected, except for inhibitory effect on the metabolism of CYP2D6 substrates. Betmiga™ is a moderate and time-dependent inhibitor of CYP2D6 and weak inhibitor of CYP3A. No dose adjustment needed when administered with CYP2D6 inhibitors or CYP2D6 poor metabolisers. Caution if co-administered with medicines with a narrow therapeutic index and significantly metabolised by CYP2D6. When initiating in combination with digoxin, the lowest dose for digoxin should be prescribed and serum digoxin should be monitored and used for titration of digoxin dose. Substances that are inducers of CYP3A or P-gp decrease the plasma concentrations of Betmiga™. No dose adjustment is needed for Betmiga™ when administered with therapeutic doses of rifampicin or other CYP3A or P-gp inducers. The potential for inhibition of P-gp by Betmiga™ should be considered when combined with sensitive P-gp substrates. Increases in mirabegron exposure due to drug-drug interactions may be associated with increases in pulse rate. **Adverse Effects:** Urinary tract infection, tachycardia, nausea, constipation, diarrhoea, headache, dizziness, vaginal infection, cystitis, palpitation, atrial

fibrillation, dyspepsia, gastritis, urticaria, rash, rash macular, rash papular, pruritus, joint swelling, vulvovaginal pruritus, blood pressure increase, liver enzymes increase, eyelid oedema, lip oedema, leukocytoclastic vasculitis, purpura, angioedema, urinary retention, hypertensive crisis and insomnia. *Prescribers should consult the Summary of Product Characteristics in relation to other side effects.* **Pack and prices:** Betmiga™ 25mg and Betmiga™ 50mg pack of 30 tablets £29.00. **Legal Category:** POM. **Product Licence Numbers:** EU/1/12/809/001 – 018. **Date of Preparation:** April 2016. **Further information available from:** Astellas Pharma Ltd, 2000 Hillwood Drive, Chertsey, Surrey, KT16 0RS, UK. Betmiga™ is a Registered Trademark. For full prescribing information please refer to the Summary of Product Characteristics. **For Medical Information phone 0800 783 5018.**

**Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/](http://www.mhra.gov.uk/) yellowcard Adverse events should also be reported to Astellas Pharma Ltd. Please contact 0800 783 5018**