

## About RIMS

RIMS is an international, non-profit organisation to develop, train and advocate evidence-based rehabilitation in the field of Multiple Sclerosis. RIMS is a multidisciplinary network of MS Rehabilitation Centres and individual health care practitioners and has become the point of reference with regards to MS rehabilitation in Europe and beyond.

RIMS was created in 1991, in Milan, Italy. Today, we closely cooperate with internationally renowned key players in the MS field such as ECTRIMS (European Committee for Treatment and Research In Multiple Sclerosis), EMSP (European Multiple Sclerosis Platform), MSIF (Multiple Sclerosis International Federation), MSJ (the Multiple Sclerosis Journal) and IJMCS (International Journal of MS Care).

## Executive Board

<b>President</b> <b>Daphne Kos</b> OT, PhD, Leuven (BE)	<b>Secretary &amp; Fellowship Officer</b> <b>Jenny Freeman</b> PT, PhD, Plymouth (UK)
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<b>Past President</b> <b>Vincent de Groot</b> MD, PhD, Amsterdam (NL)	<b>SIG Coordinator</b> <b>Piet Eelen</b> RN, MSc, Melsbroek (BE)
<b>Treasurer</b> <b>Jaume Sastre Garriga</b> MD, PhD, Barcelona (ES)	<b>Education Officer</b> <b>Anders Skjerbaek</b> PT, MSc, Ry and Haslev (DK)

## Special Interest Groups (SIG's)

➤ <b>Mobility</b>	Chair: <b>Carme Santoyo</b> (ES) Co-chair: <b>Lousin Moumdjian</b> (BE)
➤ <b>Bladder, Bowel &amp; Sexuality</b>	Chair: <b>Doreen McClurg</b> (UK) Co-chair: <b>Sara Rinaldi</b> (IT)
➤ <b>Psychology &amp; Neuropsychology</b>	Chair: <b>Jana Pöttgen</b> (DE) Co-chair: <b>Anita Rose</b> (UK)
➤ <b>Communication &amp; Swallowing</b>	Chair: <b>Leonie Ruhaak</b> (NL) Co-chair: <b>Francesca De Biagi</b> (IT)
➤ <b>Occupation</b>	Chair: <b>Inger Grethe Loyning</b> (NO) Co-chair: <b>Sofie Ferdinand</b> (BE)
➤ <b>Patient Autonomy</b>	Chair: <b>Anne Christin Rahn</b> (DE) Co-chair: <b>Andrea Giordano</b> (IT)

## Membership Types & Fees

RIMS is a fruitful network for all professionals working in the field of MS. Therefore we encourage all MS Centres, MS patient organisations and individual healthcare professionals and researchers to join the network.

<b>25€</b> <b>STUDENT</b> Annual Membership Fee	<b>100€</b> <b>INDIVIDUAL</b> Annual Membership Fee	<b>400€</b> <b>CENTRE</b> Annual Membership Fee
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Online payment of Membership fees is preferred.  
In case Membership is paid via wire transfer, please find the necessary bank information:

BNP Paribas Fortis Mechelen  
Bruul 81, 2800 Mechelen, Belgium  
IBAN: BE32 0015 0445 0802  
BIC: GEBABEBB

Always mention  
your Membership ID  
when paying via  
bank transfer.



## Join RIMS today!

Membership subscriptions and payments are managed online. Please visit our website at [www.eurims.org](http://www.eurims.org) to complete your subscription.



### RIMS | Rehabilitation in MS

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REHABILITATION IN  
MULTIPLE SCLEROSIS

Registrations  
for the 2<sup>nd</sup> RIMS  
Workshop  
are now  
open!

Enhancing  
participation,  
activity and  
autonomy of  
people with MS.

## RIMS Workshop & Conference



Do you struggle to find the time to read about the latest research in MS? And how to relate these findings to your own clinical practice? The speakers on this study day, who are from across Europe, are all specialists in the field of MS. They will present **an overview** of some of the **latest evidence in this area**. There will also be **practical sessions** on key areas of symptom management such as fatigue, dysphagia, bladder and bowel management, cognitive training and outcome measurement so that you can take home new learnt knowledge and skills into your clinical practice.

Register now for the 2<sup>nd</sup> edition of the **'RIMS Workshop: Rehabilitation in Progressive MS'** which will take place on **Friday 13 December, 2019 in Milan, Italy**. The programme is available on [www.rims-workshop.org/Milan2019](http://www.rims-workshop.org/Milan2019).

If you would like to be kept informed, send your contact details to [rims-events@seauton-international.com](mailto:rims-events@seauton-international.com)



The RIMS Conference is the main European event for healthcare professionals, researchers and patient representatives to share their knowledge and experiences and to collaborate on topics related to rehabilitation in Multiple Sclerosis.

In 2019 (Ljubljana), the conference main theme was **'Crossing the Interface to Explore New Possibilities'**, where we welcomed 255 delegates from 25, mostly European countries.

In 2020, we look forward to welcoming all professionals involved or interested in MS rehabilitation research and practice in Leuven, Belgium. Next year's topic will follow soon on [www.rims-annualconference.org/Leuven2019](http://www.rims-annualconference.org/Leuven2019).

## Our vision, mission and aims



### OUR VISION

For all people with MS throughout Europe to have access to evidence-based rehabilitation when they need it.

### OUR MISSION

We aim to enhance activity, participation and autonomy of people with MS by developing and advocating evidence-based rehabilitation.

### OUR AIMS

- Raise the profile of rehabilitation in MS and attract the best researchers and practitioners.
- Improve the understanding of rehabilitation and its relevance at every stage of MS.
- Manage the generation of new evidence on rehabilitation in MS by facilitating interaction between researchers and practitioners.
- Stimulate the development and implementation of evidence-based rehabilitation
- Educate and train practitioners to integrate evidence into clinical practice.

## The benefits of RIMS membership



### Annual Conference and Workshop at reduced registration fee

Individual members as well as a maximum of six professionals from a member centre are able to get a **RIMS Annual Conference and RIMS Workshop registration fee** at a special reduced member price.



### Join a Special Interest Group

A number of **Special Interest Groups (SIG's)** have been established. The groups meet at least once a year during RIMS annual conference. The SIG's also organise professional annual in-between meetings, which are supported financially by RIMS. For SIG in-between meetings, all members are offered one free hotel night and free meals for such occasions.



### Make use of the RIMS Grant Programme

RIMS offer a **Grant Programme** to support multi-centre studies, a shared best practice network or a SIG project. RIMS supports one grant annually.



### Take advantage of the Fellowship Exchange Programme

RIMS offers a **Fellowship Exchange Programme** to young European rehabilitation professionals, to facilitate their training in MS rehabilitation at RIMS member centres. The aim of the programme is to promote the multidisciplinary approach to rehabilitation in MS and to encourage the exchange of information and professional growth for those working in the field of MS.



### Get access to E-Educational Material

Some of the SIG's have published papers or pamphlets on important MS issues. These are distributed among RIMS members. E-Education material (podcasts, webcasts from conference presentations and outcome measures) are available on the RIMS website and provide useful information for your research or clinical practice.